

CONFERENCE REFRESHMENTS

ALL DAY OFFERING

Tea & Coffee
Hydration Station
Whole fruits (Ve)
Dried fruits, nuts and seeds (Ve)
Cookies

MID MORNING REFRESHMENT ROTATION

Ham and cheese croissant & soya yoghurt and granola pot (Ve)
Mini pastries & Fig and coconut bircher muesli (Ve)
Mini flowerpot muffins & smoothie shots (Ve)
Chocolate twists & soya yoghurt and fruit compote (Ve)
Churros & Strawberry soya yoghurt and muesli (Ve)
Homemade sausage roll & granola bar (Ve)

AFTERNOON REFRESHMENT ROTATION

Scones, jam and cream & popcorn (Ve)
Rocky Road bars & fruit skewers (Ve)
Fruit flapjacks (Ve) & frozen yoghurt
Cupcakes & crispy baked pittas and houmous (Ve)
Banana cake & vegetable crudité and avocado dip (Ve)
Millionaire's shortbread & peanut butter and jam flapjack (Ve)

the
eastside
rooms.

V: Vegetarian
Ve: Vegan

FOOD ALLERGIES & INTOLERANCES: before you order your food and drinks please speak to our staff if you would like to know about our ingredients; we cannot guarantee that any food or beverage item sold is free from traces of allergens.